



LONDON'S LUXURY SPA

Massages | Beauty Treatments | Manicures and Pedicures | Hair Removal



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Welcome to Adamo Spa: a haven of well-being in the midst of bustling London. The health and beauty menu features award-winning, energising and restorative treatments.

Carefully selected world-leading products enhance the full selection of experiences, from pampering massages to specialist body care therapies, exotic oxygen facials to pampering manicures and pedicures, ensuring a long-lasting, rejuvenated body and soul.

Settle back into the hands of the expert beauticians in the warmth and tranquility of Adamo Spa.

T R E A T M E N T S

ADAMO SIGNATURE MESSAGES

CAUDALIE TREATMENTS AND FACIALS

KARIN HERZOG TREATMENTS AND FACIALS

MANICURES AND PEDICURES

HAIR REMOVAL TREATMENTS

EYES AND EYEBROW TREATMENTS



ADAMO SIGNATURE MASSAGE

Hand-selected to fulfil each guest's personal requirements, Adamo Spa's signature treatments relieve tension and promote relaxation; providing serenity, clarity, and wellbeing through a combination of soothing massage and revitalising pressure point techniques.

SIGNATURE THERAPIES

Neck, Back and Shoulder

25 minutes **£39.00**

Ideal for relieving muscular tension, this soothing express treatment is the ultimate quick-fix for London's time-stretched professionals bit of body text

Swedish Massage

50 minutes **£69.00**

This blissfully calming classic Swedish massage improves physical and mental wellbeing, utilising targeted pressure point stimulation tailored to relieve stress throughout the body

Swedish Massage and Head Massage

1 hour 20 minutes **£99.00**

From head to toe this Swedish massage combines gentle circular strokes, passive joint movements and aromatherapy to promote healthy blood flow and complete relaxation

HOLISTIC THERAPIES

Aromatherapy Massage

25 minutes **£49.00**
50 minutes **£89.00**
80 minutes **£119.00**

A choice of natural essential oils are applied to the skin and combined with a Swedish massage technique, to recharge both body and mind

Hot Stone Massage

25 minutes **£55.00**
50 minutes **£95.00**
80 minutes **£120.00**

Smooth basalt stones are heated and positioned along the spine and other acupressure areas, followed by a healing massage using varying pressures on the neck, back, arms and legs

Cranial Massage

25 minutes **£40.00**

Ideal for relieving the muscles affected by postural and eye strain; gentle pressure is applied around the skull to subtly manipulate and relax, promoting a sense of wellbeing

Foot Massage

25 minutes **£40.00**

Blissfully relaxing for busy feet, this massage promotes circulation and unwinds muscles by stimulating muscles deep in the heels, arches and ankles



BESPOKE DEEP TISSUE MASSAGE

Deep Tissue Express Massage

£49.00

25 minutes

Designed specifically to permit the time-poor to unwind, this deep tissue massage is renowned for its effectiveness in posture realignment and dissolving stiffness

Deep Tissue Body Massage

£79.00

50 minutes

Slow strokes and pressure points techniques target and release areas of tension from deep inside the muscles, leaving the body rejuvenated and revitalised

Full Body and Head Massage

£119.00

1 hour 20 minutes

Known to reduce chronic pain and harmonise the postural muscles, this deep tissue massage eases the body into a state of calm. The spine feels straighter, knots are unwound, and the mind is peaceful: enabling the feeling of a total renewal

CAUDALIE TREATMENTS AND FACIALS

Globally recognised as a must-have experience for any true skincare connoisseur, Caudalie's cult-classic products and expert Vinotherapists provide the ultimate luxurious and indulgent treatments to enhance and replenish.

SIGNATURE TREATMENTS

D-Vine Back, Face & Scalp Treatment

1 hour 30 minutes

Easing away stress and tension, this treatment comprises a full back cleanse, deep tissue massage, bespoke facial, and a cranial scalp massage to finish

£140.00

FACIAL TREATMENTS

Premier Cru Facial

50 minutes / 80 minutes

This exceptional anti-ageing facial is delivered using a micro-point roller massage and hydrogel mask, lifting and plumping the skin for a smooth complexion and radiant glow

£90.00 / £125.00

Vineactiv Facial

50 minutes / 80 minutes

A stimulating aromatherapy massage followed by a deeply hydrating and recharging vitamin antioxidant mask to cleanse, reduce the appearance of fine lines, and to protect from environmental stressors

£79.00 / £114.00

Vinoperfect Radiance Facial

50 minutes / 80 minutes

A unique massage using essential oils and small, hot and cold basalt stones is followed by a gentle peeling mask and Vinoperfect serum, restoring the skin's luminosity and an even complexion

£79.00 / £114.00

Resveratrol Facial

50 minutes / 80 minutes

A lifting facial, specially-created for firming, contouring, and restoring vitality. Gentle cleansing is followed by a stimulating massage and warming mask to provide an instant lifted and re-sculpted effect

£79.00 / £114.00



Vinopure Facial

£79.00 / £114.00

50 minutes / 80 minutes

Purifying, regulating, and tightening: this facial is performed with a cryo-massager, perfect for combination or oily skin. The anti-inflammatory action leaves behind a pure and radiant complexion

Vinosource Hydrating and Nourishing Facial

£79.00 / £114.00

50 minutes / 80 minutes

Starting with a gentle cleanse, followed by a mask and recovery oil massage, this treatment deeply moisturises and nourishes the skin, restoring radiance for a healthy glow

Express D-vine Facial

£45.00

25 minutes

Designed for men and women who are short of time: this express treatment includes a personalised eye and skin cleansing, deep exfoliation, a mask, and hand massage providing instant comfort and renewal

Lift and Firm Eye Treatment

£35.00

25 minutes

The perfect treatment to contour, lift, and firm the delicate skin around the eyes. Starting with a massage to cleanse, followed by hydrogel patches for smoother, brighter and wide-awake eyes

BODY TREATMENTS

Vinosculpting Massage

£79.00 / £114.00

50 minutes / 80 minutes

Combining manual kneading massage with contouring products; this treatment helps sculpt and contour the figure, resulting in toned and firmed skin over the entire body.

Vinotherapist Massage

£79.00 / £114.00

50 minutes / 80 minutes

Applying this nourishing and hydrating body cream, with organic shea butter and polyphenols, gives an instant brightening glow to your skin.

Pre and Post-Natal Massage

£85.00 / £120.00

50 minutes / 80 minutes

This gentle massage stimulates circulation, improves the skin's elasticity, and helps soothe tensions brought on by pregnancy. Let mothers and mothers-to-be enjoy a moment of wellbeing and relaxation.

KARIN HERZOG TREATMENTS AND FACIALS

Lauded around the world for their skin-perfecting results, Karin Herzog's unique oxygen treatments enhance and maintain the skin's youth, while delivering unparalleled hydration and a confidence-forming glow.



"Let's Treat" Quick and Beautiful

£55.00

25 minutes

This speedy yet effective oxygen treatment utilises pressure point massage to nurture and relax the facial muscles, reducing the visibility of expression lines and leaves behind a radiant complexion

Traditional Oxygen Face Care

£80.00

25 minutes

Completely hydrating and detoxifying to ensure the skin is luxuriously smooth, Karin Herzog's traditional oxygen skin treatment is designed by experts to balance, firm, and purify

Anti-Ageing Face Care

£85.00

70 minutes

A sublime combination of oxygen and vitamin A helps reduce fine lines from deep in the epidermis. The immediately visible lifting results reveal a glowing, luminous complexion perfect for mature skin

Royal Facial Care

£90.00

75 minutes

For those seeking immediate results and radiant skin, the gold mask brightens and tones while reducing the appearance of fine lines. Soothingly suitable for all skin types, including sensitive skin

TIYATI TREATMENTS

TIYATI products are 100% vegan, 99% natural and cruelty free. They are designed to work in harmony with pregnant or nursing women, and those with sensitive skin.

TIYATI Signature Massage

80 minutes

£115.00

TIYATI Full Body Massage

50 minutes

£80.00

TIYATI Manicure with Cranial Massage

70 minutes

£80.00

TIYATI Pedicure with Cranial Massage

70 minutes

£80.00

MANICURES AND PEDICURES

A premium pampering manicure and pedicure experience, performed by expert nail technicians using award-winning OPI ProSpa products. Indulge in a beautiful and long-lasting nail treatment, accompanied by a relaxing hand or foot massage.

Pamper Manicure **£38.00**

45 minutes

The ultimate manicure experience: starting with an exfoliation, moisturise and protective treatment, before nails are perfectly shaped and polished; completed with a relaxing acupressure massage

Signature Manicure **£25.00**

25 minutes

Discover hand perfection with exquisitely shaped and beautifully coloured nails using OPI ProSpa's exotic menu of polish colours, before taking a moment to unwind with a soothing hand massage

Express Manicure **£17.00**

15 minutes

Glossy, polished nails on the go: choose from the selection of quality OPI ProSpa colours in a condensed service that doesn't sacrifice on a premiere and lasting result

Pamper Pedicure **£50.00**

50 minutes

An unmatched softening, exfoliating, and moisturising pedicure treatment that leaves nails looking their best, accompanied by an extended renewing and relieving massage utilising acupressure techniques

Signature Pedicure **£30.00**

25 minutes

Using award-winning products from OPI ProSpa to soak and exfoliate feet, this signature pedicure treatment combines a soothing massage with tailored nail shaping and long-lasting colour

Express Pedicure **£17.00**

15 minutes

The express pedicure provides a premiere spa-quality shape and polish for a personalised nail treatment for the time-constrained

*Gel polish £5.00 extra



HAIR REMOVAL

Adamo Spa offers a wide selection of hair removal treatments to leave skin feeling wonderfully smoothed without the irritation of home removal. Utilising premium hot and cold waxes, these treatments are great for even the most sensitive skin types and delicate areas of the body, achieving outstanding results and happy skin.



Bikini Line Wax **£20.00**

15 minutes

A quick tidy the bikini line, ready for any occasion

Brazilian Wax **£35.00**

30 minutes

This Brazillian wax is a premium hair removal treatment that is kind to delicate and sensitive skin, for a result that is wonderfully smooth and non-irritated

Hollywood Wax **£40.00**

30 minutes

Adamo Spa's full Hollywood treatment uses sensitive skin friendly waxes and professional techniques to minimise pain; offering effective and long-lasting results

Underarm Wax **£15.00**

10 minutes

An instant tidy for the underarm area

Half Leg Wax **£25.00**

20 minutes

An express half treatment to tidy up the lower leg, perfect for an on-the-go refresh

Full Leg Wax **£42.00**

40 minutes

A full leg treatment for long-lasting results and perfectly smooth skin, using premium-grade waxes to reduce sensitivity and irritation

Half Arm Wax **£20.00**

20 minutes

An express half treatment to tidy up the forearms

Full Arm Wax **£29.00**

30 minutes

Soft and smooth skin for the entire arm with the use of premium-grade products and professional waxing techniques

Lip Wax

10 minutes

See an instantly neatened upper lip with minimal sensitivity

£10.00

Chin Wax

10 minutes

An instant way to remove unwanted facial hair on the chin

£10.00

Full Back Wax

40 minutes

A thorough tidy of the back, shoulders, and neck followed by a soothing lotion

£45.00

Back Wax

30 minutes

A fast and sensitive skin-friendly wax for great results

£25.00

Chest Wax

30 minutes

A combination of premium wax and professional techniques produce long-lasting results and perfectly smooth skin

£30.00



EYES AND EYEBROWS

Ensure your lashes and brows are at their healthiest, fullest, and most glossy with Adamo Spa's full range of grooming, tints, and tidies.



Eyebrow Wax Tidy

£12.00

15 minutes

An express treatment for an instantly sculpted brow shape and brighter-looking eyes

Eyebrow Shape

£20.00

25 minutes

A precise eyebrow tidy with personalised grooming to acquire the perfect desired shape

Eyelash Tint

£20.00

20 minutes

Reveal fuller and longer looking lashes with this express tint that is kind on the delicate area surrounding the eyes

Eyebrow Tint and Eyelash Tint

£35.00

40 minutes

A long-lasting brow and lash tint to illuminate lighter and smaller hairs to achieve fuller, glamorous brows; without the makeup.

Eyebrow Tint

£15.00

15 minutes

A ready to go treatment: see instantly fuller and sculpted brows with this kind-to-eyes express tint



SPA RECOVERY PACKAGE

This wellness package is designed to revive both body and mind for moments of total tranquility

- A 20 minute de-stress massage for the neck, back, and shoulders
- A 30 minute express pick-me-up facial

50 minutes

£85.00

PAMPER PACKAGE

The pamper package is a combination of Adamo Spa's most exceptionally blissful treatments, leaving skin feeling nourished and all troubles melted away

- A 50 minute Classic Swedish massage
- A 30 minute Express Divine Facial by Caudalie
- A glass of bubbles with chocolates, strawberries and special treats

1 hour and 20 minutes

£125.00

DELUXE SPA PACKAGE

£180

2 hours 15 minutes

Adamo Spa's deluxe package includes a little taste of the most sought-after treatments for full body rejuvenation and radiant skin head to toe.

A choice of Caudalie's 50 minute hydrating or cleansing facials

A 30 minute de-stress massage for the back, upper shoulders, and scalp

A 55 minute express manicure and pedicure

A glass of bubbles with chocolates, strawberries, and special treats





£269.00

Price for two people

RELAX AND UNWIND

£439
Price for 2
people

A blissfully relaxing stay in the heart of London; enjoy personal and attentive service from the moment you step through the door.

- Overnight stay for two with breakfast at
- Blue Orchid Hospitality's' luxury hotel, Tower Suites
- 30 minutes full body Swedish massage
- Complimentary drink on arrival
- Dinner for two at Italian inspired restaurant Cento Alla Torre
- Complimentary access to London Fitness Studio
- A further 20% off food and beverage outlets, additional spa treatments, and gents
- grooming.

HEN PARTY PACKAGE

£525
Price for 4
people

25 minute aromatherapy massage for the bride
and three members of the bridal party*

Signature manicure treatment for the bride and
three members of the bridal party*

Four luxury gift bags

A luxury stay in a suite for four at Tower Suites

Complimentary bottle of champagne

Roof top photo shoot

20% off additional spa treatments

20% off drinks at Sapphire bar

Discounted rates on Blue Orchid Hotels
wedding venues

*Extra at additional charges





BRIDAL MAKE-UP

£269

Glowing facial for the bride
(50mins) Full bridal makeup
Roof top photo shoot

20% off additional spa and
grooming treatments

Services available at an additional
cost Makeup for the bridal party
Hair for the bride and bridal

FULL BRIDAL PREPARATION

£529

Glowing bridal facial (50mins)

Gel manicure and pedicure for the bride

Full bridal hair & makeup

A luxury stay for two in a suite at Tower

Suites Complimentary breakfast

Roof top photo shoot

Complimentary bottle of Champagne

20% off additional spa or grooming treatments

Services available at an additional
cost Hair and makeup for the bridal
party



CONTACT US



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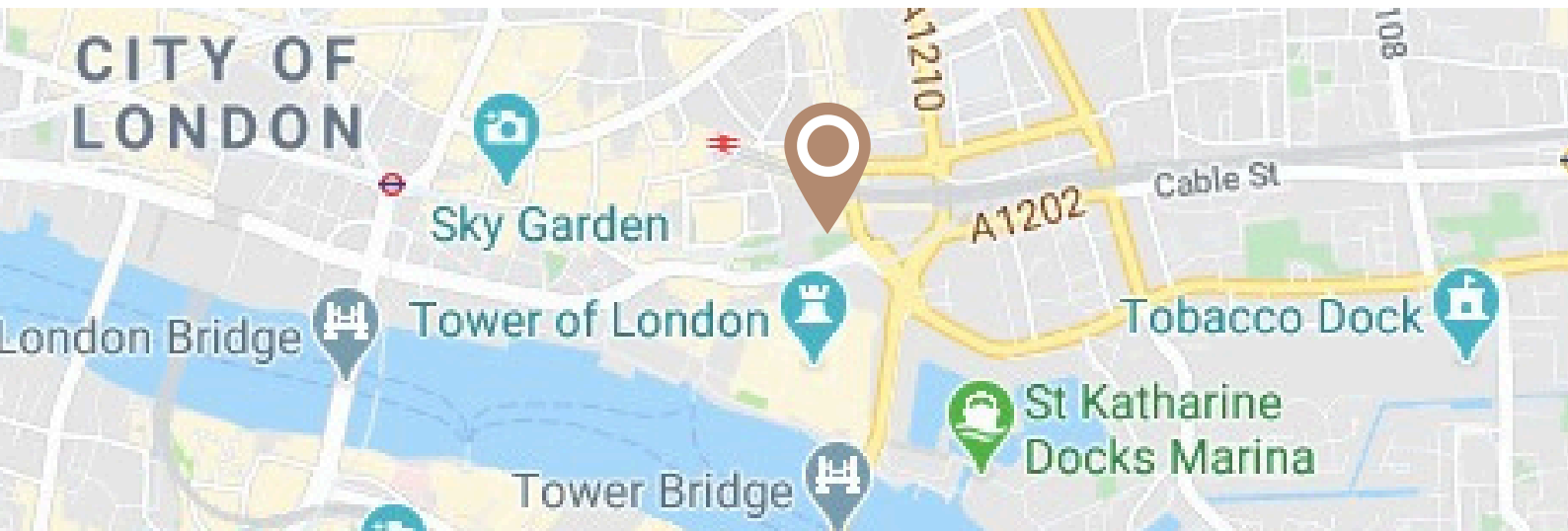
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Opening Hours: Monday - Sunday, 09:00 - 19:00





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