



A place to find simply delicious, nutritious, and freshly prepared dishes served on the go

**I DON'T NEED AN
INSPIRATIONAL QUOTE,
I NEED COFFEE**

**100 Minorities
London
EC3N 1JY**

COFFEE MENU

| | Signature Blend | CBD Blend |
|---|-----------------|-----------|
| Long Black | £2.25 | £3.50 |
| Cappuccino | £2.50 | £3.75 |
| Flat White | £2.50 | £3.50 |
| Mocha | £2.75 | £3.75 |
| Espresso | £1.75 | £3.00 |
| Piccolo (Small Latte) | £2.50 | £3.50 |
| Macchiato | £2.25 | £3.75 |
| Affogato (Vanilla Gelato) | £2.75 | £4.00 |
| Extra Shot | £0.30 | £0.50 |
| Go Large on all Coffees | £0.50 | £0.99 |
| Milk Alternatives Oat, Soya, Almond or Coconut | £0.30 | £0.30 |

TEA MENU

| | |
|-------------------|-------|
| English Breakfast | £1.75 |
| Chamomile | £2.25 |
| Turmeric | £2.50 |
| Honey and Lemon | £2.50 |
| Darjeeling | £2.50 |
| Earl Grey | £2.25 |
| Spicy Cinnamon | £2.50 |



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MY GO-TO DRINK IS A MIX IS KALE, APPLE AND OTHER HEALTHY STUFF

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SMOOTHIES

| | |
|---|-------|
| Classic Green | £3.50 |
| Kale, Spinach, Mango and Apple | |
| Central Coast (n) | £3.50 |
| Coconut Yoghurt, Almond Butter, Dates, Coconut Milk and Vanilla | |
| Hello Morning | £3.75 |
| Strawberry, Blueberry, Banana, Grape and Apple | |
| Hippie Child | £3.75 |
| Passion Fruit, Pineapple, Mango and Apple | |

COLD DRINKS

| | |
|-----------------|-------|
| Still Water | £1.25 |
| Sparkling Water | £1.25 |
| Coca-Cola | £1.50 |
| Fresh Juice | £2.50 |
| Coconut Water | £1.75 |



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**YOU ARE WHAT YOU EAT,
SO EAT SOMETHING
SWEET**

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SWEET SELECTION

| | |
|----------------------------------|-------|
| Mascarpone Cheesecake | £4.50 |
| Carrot Cake | £3.50 |
| Red Velvet Cake | £3.50 |
| Dark Chocolate Brownie | £3.50 |
| Financier | £3.50 |
| Vegan Lemon Drizzle | £2.50 |
| Canelés | £1.95 |
| Fruit Almond Tart | £3.95 |
| Lemon Tart | £3.50 |
| Bakewell Tart | £2.95 |
| Granola Bowl (Made in house) | £2.75 |
| Granola Bar | £3.75 |
| Granola Bag (250g) | £3.75 |
| Maple Pecan Bar | £4.75 |
| Salted Caramel Almond Bar | £4.75 |
| Chocolate Praline Mousse | £4.50 |
| Passion Fruit and Lime Mousse | £4.50 |
| Raspberry Chocolate Mousse | £4.50 |
| Canistrelli | £4.00 |
| Biscotti | £3.50 |
| Sable Breton | £3.50 |
| Homemade Jam Shortbread Viennese | £3.50 |
| Shortcut Chessboard Cookies | £3.50 |
| Madeleine Pack | £3.00 |
| Flapjack | £2.75 |
| Scone | £2.00 |
| Chocolate Chip Cookie | £1.95 |



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DONUT EVER GIVE UP

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PASTRY

| | |
|-------------------------|-------|
| Almond Croissant | £2.75 |
| Almond Pain Au Chocolat | £2.75 |
| Almond Berry Danish | £2.75 |
| Mix Nuts Danish | £2.75 |
| Chocolate Banana Danish | £2.50 |
| "Donut" | £2.50 |
| Berry Danish | £2.25 |
| Pain Au Chocolat | £2.25 |
| Pain Au Raisin | £2.25 |
| Cinnamon Swirl | £2.25 |
| Butter Croissant | £1.50 |

PORRIDGE

| | |
|-------------------------------------|-------|
| Gluten Free Porridge | £2.25 |
| Regular Porridge with Berry Compote | £2.75 |

BREADS

| | |
|----------------------|-------|
| Multi-seed Sourdough | £3.95 |
| Caraway Seed | £3.75 |
| White Sourdough | £3.50 |
| Rye Sourdough | £3.50 |
| Wholemeal | £3.50 |
| Olive Stick | £2.25 |
| Baguette | £2.00 |
| Bread Roll | £1.00 |
| Ciabatta | £1.00 |
| Bagel | £1.00 |
| Crostini | £1.00 |



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**YOU ONLY LIVE ONCE...
LICK THE BOWL**

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SANDWICHES

| | |
|--------------------------------------|-------|
| Ham and Cheese | £4.25 |
| Feta and Roasted Vegetables | £4.25 |
| Tuna Tartare | £4.50 |
| Mortadella | £4.50 |
| Chicken Tarragon | £4.95 |
| Breaded Chicken | £4.95 |
| Satay Chicken | £4.95 |
| Buffalo Mozzarella | £4.95 |
| Salt Beef | £5.95 |
| Smoked Salmon and Cream Cheese Bagel | £5.95 |

SALADS

| | |
|----------------------|-------|
| Smoked Chicken Salad | £5.50 |
| Greek Salad | £5.50 |
| Caesar Salad | £5.50 |
| Keto Bowl | £2.50 |

SUSHI

| | |
|--|--------|
| Cucumber Avocado (8pcs) | £6.50 |
| Salmon Avocado (8pcs) | £7.50 |
| California (8pcs) | £8.00 |
| Spicy Salmon (8pcs) | £8.00 |
| Spicy Tuna (8pcs) | £8.50 |
| Salmon Box | £10.00 |
| x2 Salmon Nigiri, x2 Salmon Sashimi and x6 Salmon Hosomaki | |
| Tuna Box | £10.00 |
| x2 Tuna Nigiri, x2 Tuna Sashimi and x6 Tuna Hosomaki | |



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**IT'S SLICE
TO MEET YOU**

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PIZZA SLICE

| | |
|---------------------------------|-------|
| Margherita | £3.95 |
| Roasted Vegetables | £4.95 |
| Four Cheese | £5.95 |
| Potato Brie Slice and Parma Ham | £5.95 |
| Ham Mushroom Artichoke | £5.95 |
| Special of the Day | £2.50 |

AL FORNO

| | |
|----------------------------|-------|
| Spinach Ricotta Cannelloni | £7.50 |
| Beef Lasagna | £7.95 |
| Aubergine Parmigiana | £8.95 |